



# Regional Resource Guide

for Cranston, Foster, Gloucester,  
Johnston, North Providence,  
Scituate & Smithfield



Tri-County Community Action Agency  
Southern Providence County  
Regional Coalition  
Cranston • Johnston • North Providence • Scituate • Smithfield

## Mental Health/Substance Use Treatment

### Tri-County Community Action Agency

*Mental health/substance use treatment & services.*

**401.351.2750**

### Comprehensive Community Action Program

*Mental health/substance use treatment & services.*

**401.467.9610**

### WellOne

*Mental health/substance use treatment & services.*

**401.567.0800**

### Our Lady of Fatima Hospital

*Mental health/substance use treatment & services.*

**401.456.3034**

**Gateway Healthcare 401.553.1031**

**Inner You 401.773.7116**

**Gershon Psychological Institute 401.349.3131**

**Child-Help USA 1.800.422.4453**

**RI BH Link (age 18+) 401.414.LINK (5465)**

*24/7 mental health support and services.*

**KidsLink RI (under age 18) 1.855.KIDS (5465)**

*24/7 mental health support and services.*

## Medication-Assisted Treatment (MAT)

### Tri-County Community Action Agency

**401.351.2750**

### Comprehensive Community Action Program

**401.467.9610**

### WellOne

**401.567.0800**

### Our Lady of Fatima Hospital

**401.456.3034**

## Recovery Support

### **ADCARE (age 18+)**

*Medical Assisted Treatment, and Recovery Support.*  
600 Putnam Pike, Greenville **401.949.2220**

### **CODAC (age 18+)**

*Medical Assisted Treatment, and Recovery Support.*  
1052 Park Avenue, Cranston **401.490.0716**

### **Behavioral Health Group (age 18+)**

*Medical Assisted Treatment, and Recovery Support.*  
985 Plainfield Street, Johnston **401.946.0650**

### **Anchor Recovery Community Center**

*Provides support network/variety of programming.*  
890 Centerville Road, Warwick **401.615.9945**  
310 Reservoir Avenue, Providence **401.889.5770**

### **Alcoholics Anonymous 401.438.8860**

[www.rhodeisland-aa.org](http://www.rhodeisland-aa.org)

### **Narcotics Anonymous 1.866.624.3578**

[www.gpana.org](http://www.gpana.org)

### **Al-Anon/Al-Ateen 1.888.425.2666**

[www.riafg.org/alateenri.org](http://www.riafg.org/alateenri.org)

### **My Life My Quit Text or Call 855.891.9989**

*Free, confidential help to quit vaping and other tobacco for youth under 18.*

**Count It! Lock It! Drop It!\***



**Don't Be An Accidental Drug Dealer**

### **Dispose of Unused or Expired Medications**

**Secure 24/7 Drop-off Boxes** are located at all local Police Departments, Scituate State Police Headquarters and most CVS Pharmacies.

## 24/7 Help Lines & Support Services

### National Suicide Prevention Lifeline

Call or text **988**

### The Trevor Project

*24/hr. confidential support for LGBTQ individuals.*

Text Trevor to 1.202.304.1200

**1.866.488.7386**

### Problem Gambling Service of RI (PGSRI)

**1.877.942.6253**

**RI Hope & Recovery Hotline 401.942.STOP**

**Day One (sexual abuse and violence for all ages)**

**1.800.494.8100**

### Quit Tobacco Help

Text to Be an Ex (T2BX)/Text START to 88206

**1.800.QUIT NOW (1.800.784.8669)**

Quitnowri.com

### RI Office of Healthy Aging

*A 24/7 free and confidential service connecting you with housing, food, affordable childcare, and much more. Translation services available.*

**Call 211 or 401.462.4444**

***Please call 911 if you are experiencing a life-threatening emergency.***

## Parent Support Services

**Bradley Hospital Kids Link RI 401.423.1364**

**Parent Support Network of RI 401.467.6855**

www.psnri.org

**1.800.483.8844**

## It's OK to Not Be OK.

Help us change the conversation around substance use disorder so that we come to understand that it is not a moral failing. It's a chronic illness that needs to be treated with skill, urgency and compassion.

### Know the Five Signs of Emotional Suffering



Hopelessness



Agitated



Personality Change



Poor Self-Care



Withdrawn

Look for these signs in yourself, your family and your friends.

*There's no shame  
in reaching out for help!*



# Southern Providence County Regional Coalitions

## Regional Director

Patricia Sweet – [psweet@tricityri.org](mailto:psweet@tricityri.org)

### Our Community Coalitions

Cranston Substance Abuse Task Force

Johnston Prevention Coalition

North Providence Prevention Coalition

Scituate Prevention Partnership

Smithfield Prevention Coalition

*To connect with your local prevention coalition coordinator, visit our website at [SPCprevention.org](http://SPCprevention.org) or email us at [SPCregion1@gmail.com](mailto:SPCregion1@gmail.com)*

## Know the Buzz! Text Message Program

Parents and Caregivers can “opt in” to receive quick-to-read texts with facts about youth mental health and substance use prevention.

### **Opt in for FREE!**

Text “opt in” to 401.258.7876  
or scan QRC.



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*For more information and resources, scan this QRC or visit our website at [SPCprevention.org](http://SPCprevention.org)*

