

# It Starts With You

Talk Early. Talk Often. And Listen.

OPT INTO  
**THE KNOW!**  
TEXT MESSAGING  
401-258-7876

The KNOW! tips provide you with relevant, timely material that we can share with parents, caregivers, and other caring adults who interact with the young people.  
*Text the town you live in to 401-258-7876 to opt in today!*

## HIDDEN IN PLAIN SIGHT

An interactive display providing parents with signs of risky behavior and possible drug use and the tools needed to have constructive conversations

ENTER MOCK BEDROOM BY VISITING  
[www.spc-hips.com](http://www.spc-hips.com)

*Parents are the #1 prevention tool in keeping their youth alcohol and drug free.*

*The SPC Regional Prevention Coalition is a federally funded organization providing substance use prevention and mental health promotion.*

[www.spcprevention.org](http://www.spcprevention.org)

